

Common Reasons For Being Unable to Give Blood

There are many reasons that may prevent someone from blood donation. Some reasons are temporary, some are permanent, and others are questionable.

Temporary Reasons

Do not give blood if you have any of these current **medical conditions** – please wait until they are resolved. If you:

Are not feeling well, for any reason

- Have a cold, sore throat, respiratory infection of the flu
- Have had a full term pregnancy, abortion or miscarriage in the last 6 weeks
- Have had a serious injury or surgery from which you have not fully recovered
- Have had dental surgery within the last 72 hours, or been under a dentist's care in the past 24 hours (i.e. dental cleaning, etc.)

Do not give blood if in **the last 12 months** you...

- Received a blood transfusion
- Had an ear, nose or skin piercing (unless it was performed using a single-use, sterile device)
- Have gotten a tattoo
- Traveled to a part of the world where malaria is a problem (call us if you are unsure)

Do not give blood if you are taking the following **medications**:

- Antibiotics for an infection
- Accutane, Proscar and Propecia until 1 month after taking your last dose
- Avodart and Jalyn until 6 months after taking your last dose
- Soriatane until 3 years after taking your last dose
- Plavix, Ticlid, Effient until 14 days after your last dose

Permanent Reasons

Do not give blood if you...

- Lived in the United Kingdom from 1980 through 1996 for a total time that adds up to 3 months or more
- Lived in Europe from 1980 to the present for a total time that adds up to 5 years or more
- Have any of the following: hemophilia, scleroderma, Crohn's Disease, Addison's Disease, babesiosis, Chronic Fatigue Syndrome, or Chagas Disease
- Have taken Tegison for psoriasis
- Have ever used illegal drugs with a needle, even once
- Have ever had a positive test for HIV (AIDS virus), or have AIDS
- Have received money, drugs or any other payment for sex anytime since 1977, even once
- Are a male who has had sex with another male since 1977, even once
- Are a female who has had sex with a male who had sexual contact with another male, since 1977
- Had viral hepatitis, or a positive test for viral hepatitis after your eleventh birthday
- Had Creutzfeldt-Jacob Disease (CJD) and/or a blood relative with CJD
- Had a corneal transplant

Possible Reasons – Contact the Blood Donor Center

The following reasons may prevent you from donation. Please call the Blood Donor Center for specific eligibility criteria if you have:

- A history of cancer
- Past residency in a country where malaria is a problem (call us if you are unsure)
- A history of cardiac issues
- A chronic disease

These are intended as guidelines only, and the criteria for eligibility may change.
Please contact the Blood Donor Center with any questions.